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· 经验介绍 ·

0.5%利多卡因喷雾烧伤创面清创

张宋俊

我院自1990年2月以来,应用0.5%利多卡因行烧伤创面喷雾止痛800例,无不良效果。

本组800例中男500例,女300例;年龄最大的83岁,最小的13个月。创面最大60%,最小10%左右。

方法:0.5%利多卡因溶液40ml,用50ml消毒注射器(6号

针头)喷雾于创面。根据创面大小配制药液剂量,一次以不超过150mg为宜。一般喷雾后3~5min后,可行清创,用0.9%等渗盐水冲洗创面,然后再用0.5%碘伏溶液冲洗消毒,去除创面痂皮,外涂磺胺嘧啶锌膏后包扎。首次清创容易彻底,病人不感局部疼痛,有利于坏死组织的彻底清除或创面污染物的去除。2~3d更换一次敷料,由于清创彻底,感染机会少,有利于创面的愈合。本组使用800例经临床观察后无不良反应。

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