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激光治疗增生性烧伤瘢痕的综合评价

烧伤后常形成增生性瘢痕, 妨碍美观, 其伴随的瘙痒、疼痛症状和活动受限等影响患者的生活质量。激光和光疗法提供了一种微创和低风险的治疗方法, 术后恢复期短。研究表明激光治疗可使瘢痕变薄, 瘙痒和神经源性疼痛减轻, 改善瘢痕的色素沉着、充血、柔韧性和质地, 降低手术概率。美国 Johns Hopkins 大学 C Scott Hultman 教授团队近期在《Burns & Trauma》杂志发文《Laser management of hypertrophic burn scars: a comprehensive review》, 综述了激光治疗增生性烧伤瘢痕的发展, 不同类型激光的工作原理、适应证、注意事项和术后管理。

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